

Ontario Public School

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October 2022

PRINCIPAL'S MESSAGE

I would like to extend my thanks to all members of our school community, including students, parents, and staff, for an amazing kick off to our 2022-2023 school year.

Did you know, according to [Harvard Medical School](#), “gratitude is strongly and consistently associated with greater happiness”. [Being grateful is important, however expressing your gratitude will have an even larger impact on your happiness.](#) (Check out this link for a fun video about gratitude.) With Thanksgiving around the corner, I encourage our families to reach out to someone who has a positive influence in their life and let them know! Not only will you be happier, but imagine how amazing that person will feel after receiving such a compliment! I am truly grateful to be a part of our amazing Ontario team and, on behalf of our staff, we wish our families a very Happy Thanksgiving!

ONTARIO SCHOOL CALENDAR AND DAYS OF SIGNIFICANCE

The Ontario Public School calendar is available on the school website. In addition to our school events, you will find a link to the DSGN Days of Significance calendar on the first of each month. [Click here](#) for more information about the DSGN Days of Significance calendar.

SUPERVISION REMINDERS

Your child's safety is very important to us at Ontario. In order to help us keep your child safe, we ask that you keep in mind the supervision schedule for students. **Supervision for students begins at 8:45 am.** Students should not be arriving prior to 8:45, as supervision is not provided prior to that time. When there is inclement weather, students will enter the school to wait for the 9:05 am bell.



MARK YOUR CALENDAR

World Teacher's Day.....	Oct. 5
Thanksgiving Day.....	Oct. 10
DSBN Cross County.....	Oct. 13
Gr. 8 Trip to Adventure Campus	Oct. 13
School Photo Day	Oct. 19
Gr. 6/7 Trip to DSGN Living Campus	Oct. 25
Gr. 5/6 Trip to DSGN Living Campus	Oct. 26
Halloween	Oct. 31

PA DAY

Monday, October 24 has been designated as a PA Day. There will be no school for students on Monday, October 24th.



WORLD TEACHER'S DAY – TUESDAY, OCTOBER 5

World Teacher's Day is recognized annually on October 5. I would like to thank our teaching staff for all you do each and everyday to ensure that our Ontario School students are safe, well, and challenged to do their best. Thank you to our amazing teaching staff for making our community an amazing one to be a part of and supporting our Knights to be the best version of themselves in everything they do!

TERRY FOX

On Thursday, September 29, our Ontario Knights participated in the Terry Fox School Run. Thank you to the families that donated directly to the Terry Fox Foundation through the Ontario School Terry Fox webpage. [If you would like to donate to the Terry Fox Foundation, please click here and you can donate on behalf of our Ontario School Knights.](#) Through the generosity of our families, we surpassed our \$500 goal. Thank you to Mr. Hodgins for his very generous donation.

SCHOOL PHOTO DAY – OCTOBER 19, 2022

School photo day is coming soon! Our school photos are scheduled for the morning of Wednesday, October 19, 2022. Further information and reminders will be sent home closer to photo day.

STUDENT NUTRITION PROGRAM

We are pleased to announce that our student nutrition program has begun! Following protocols set out by Niagara Nutrition Partners, students will be able to access 'grab-and-go' snacks, including fresh fruits and grain products, in the LRT room throughout the day. We appreciate the financial support of our partners at Niagara Nutrition Partners!

LATEX ALLERGY

This is just a friendly reminder not to send any latex products like balloons to school. We have a staff member with a severe anaphylactic allergy to latex. Thank you for your co-operation.

ANAPHYLAXIS – BE NUT AWARE!

Anaphylaxis is a severe and potentially life-threatening reaction to certain food substances. We have students in our school that suffer from a severe allergy which can cause an anaphylactic reaction. An anaphylactic reaction is an allergic reaction so severe that in some cases, it can be life threatening. These children have a severe allergy to nuts. Prevention is the best approach. Therefore, we ask your cooperation in not sending any snacks or lunches containing nut products with your child.

SCHOOL ADVISORY COUNCIL

Our first School Advisory Council Meeting was held on Tuesday, October 4th. Thank you to all the parents that attended our meeting. Our executive for our council is as follows:

Chair: Mrs. Alicia Dawson

Secretary: Rotating Position

Treasurer: Mrs. Tara Swartz (school secretary)

Our schedule of meetings for the 2022-2023 school year is as follows:

- December 6, 2022 @ 7:00pm
- February 7, 2023 @ 7:00pm
- April 4, 2023 @ 7:00pm
- June 6, 2023 @ 7:00pm

New members are always welcome to join. Please email the school and ask to join the School Advisory Council.

STUDENT RECOGNITION - RESPECT

During the month of September, Ontario PS students were recognized for their work as a learner for their learning skills and/or academics, as an individual for their character traits, and as a community member for contributing to the school and/or classroom. September's character trait was "Respect". The following students were recognized:

September Student of the Month: Respect

K1 - Kraus	Tia A, Lucas B, Zander M, Lincoln F, Quinn M	Gr. 3	Jacob G, Ahmed U
K2- Phillips	Anaya S, Ashvith Y,	Gr. 4	Zac W, Omar A, Sawyer K
K3-Lirantzis	Baani D, Brady H, Amna H	Gr. 5	Princesa K, Auj N, Kaleb O
Gr. 1 -T	Ranveer M, Novah W, Bennett R	Gr. 5/6	Cheyenne D, Sebastian P-R, Raeesa F
Gr. 1 - G	Wilder A, Muhammad Ali B	Gr. 6/7	Ben G, Eva S
Gr. 1/2	Grayson A, Skylar M	Gr. 7	Tessa L, Isabella A, Gretchyn M
Gr. 2	Sarah M, Walker W	Gr. 8	Cole P, Daevya W, Sophie C
Gr. 2/3	Braxton J, Averie B,		

KEEPING OUR SCHOOL SAFE AND HEALTHY

If you have a child with a Prevalent Medical Condition (Anaphylaxis, Asthma, Diabetes, and/or Epilepsy) we want to make sure we have a current Plan of Care to support your child. The Plan of Care form is a new document that replaces the Emergency Action Plan. All parents of children with Prevalent Medical Conditions are asked to fill out the new Plan of Care and submit to the school. You can download the forms here dsbn.org/prevalent-medical-conditions.

For more information, please contact the office or email Brad Butler.

OCTOBER SPIRIT DAYS

Our Ontario School Knights will be recognizing the following dates with some special activities. We encourage all our Knights to participate. For our spirit days, we love creativity!

Date	Spirit Day	Purpose of the Day
Monday, October 31	Halloween Day	Plans are already being made to celebrate Halloween at Ontario. As you prepare for Halloween for school with your child(ren) please remember to avoid costumes that include weapons of any kind or that are overly violent in nature. We ask that props (such as knives, spears, hooks, etc.) be left at home. Please do not send your child to school with culturally insensitive costumes. More detailed information will be sent home in the next couple weeks.

EXTRA-CURRICULARS UPDATES – CROSS COUNTRY AND VOLLEYBALL

We are looking forward to offering a variety of extra-curricular opportunities for our Knights during the 2022-2023 school year. Here is what is currently being offered! Intermediate boys' and girls' volleyball has begun with games starting the week of October 17.

Cross Country: On September 28 and October 4 our school sent 33 runners from Grades 3-8 to Burgoyne Woods for two cross country races. All our Ontario School runners ran very hard and did very well. Eight of our students qualified for the DSBN Cross Country Championships on October 13th at Fireman's Park in Niagara Falls. The eight runners are: Cali S Gr. 5, Emma H-O Gr. 6, Ben G Gr. 6, Aiden K Gr. 6, Abraham H Gr. 7, Issac H Gr. 7, Dylan G Gr. 7, Benji K Gr. 8. Congratulations to all our runners and to the 8 Knights that qualified for the DSBN Championships. Thank you to Mrs. Glauser for her time and efforts to coach the Cross Country Team.

DSBN eFLYERS

Many community events and activities are posted on the DSBN eFlyers website. I encourage you to take a look, on occasion, to ensure you do not miss any community events that might be of interest to you or your family. To view the eFlyers, please follow the simple instructions:

1. Log onto our website: www.dsbn.org
2. Click on "Community" tab
3. Click on "eFlyer Request" and you may browse through the 'Recent eFlyers' to find offerings from a variety of community organizations.

SO MANY WAYS TO STAY INFORMED AND CONNECTED

In our busy lives, events can sometimes be overlooked. Technology allows us multiple ways to connect with families. The following is a list of ways we use to connect with families to ensure all families are aware of the many events happening throughout the year.

SCHOOL WEBSITE - Ontario.dsbn.org

Please take some time to visit the Ontario Public School website. Our website includes current newsletters, school calendars, code of conduct, school council information, a school year calendar, classroom websites, and bell times. Our website also includes the most recent Facebook posts and Tweets.

MONTHLY NEWSLETTER - All newsletters will be posted to the school website and sent via School Messenger through email on the first school day of the new month. Accessing the newsletter through the website or email allows you to click on links to learn more about some items highlighted in our newsletters.